

# System Map — Videos 1–12

This is the whole system in one page. Use it so you don't lose the flow.

**Part 1 (Videos 1–3):** AI is a tutor, not an answer machine. Learn to slow down, explain your thinking, and verify.

**Part 2 (Videos 4–6):** Organize with Projects (one unit). Use one chat per topic. Add Files for context. Paste the tutor prompt in every new chat.

**Part 3 (Videos 7–9):** What good use looks like. How to diagnose misuse and reset behavior.

**Part 4 (Videos 10–12):** Put the system into action. Watch a full controlled session on a real topic.

**Daily rule:** One topic per chat. New topic → new chat (inside the same project).

- Before you start: choose the topic, then open a fresh chat.
- Paste the AI Tutor Prompt.
- Work in micro-steps: attempt → hint → respond → repeat.
- Stop early and write your next question.